

## Discussion Items

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1. Why do you think the caterpillar was so hungry?
2. Have you ever felt hungry like the caterpillar? What do you like to eat when you're hungry?
3. What did you think about the transformation of the caterpillar into a butterfly?
4. Can you think of any other plants or animals that go through big changes as they grow?
5. How do you change as you grow and get older?
6. How do you think the caterpillar felt when it emerged as a butterfly?
7. What is your favorite part of the story? Why?
8. How does this book make you feel? Happy? Hungry? Excited?

# Activities

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1. Take a nature walk and look for caterpillars, butterflies, and different types of fruits and plants mentioned in the story!
2. Write or draw your own stories about a hungry caterpillar or a butterfly using your imagination. Share your stories with each other when you're done.
3. Create your own caterpillar craft using materials like paper plates, pom-poms, pipe cleaners, empty egg cartons, and paint.
4. Visit a butterfly conservatory to learn more about caterpillars and butterflies and observe them up close!

# Hungry Caterpillar Fruit Salad

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## Ingredients:

- 1 Cup Diced Apples
- 1 Cup Raspberries
- 1 Cup Sliced Strawberries
- 1 Cup Sliced Bananas
- 1 Cup Sliced Grapes
- 1/2 Cup Cool Whip or Whipped Cream
- 1/2 Cup Yogurt

## Directions:

1. Place fruit into a medium bowl .
2. Stir in yogurt and whipped topping of choice.
3. Enjoy!