

Discussion Items

1. The book mentions that good things can happen even from days that fall flat.¹¹ Tell me about a time when you had a bad day. How did you turn it around?
2. You're here for a reason, you certainly are.¹² What are some reasons you think you are here?
3. The book talks about the impact that kindness can have on the world and those around you. Tell me about a time when someone was kind to you. How did you feel? Tell me about a time when you were kind to someone else. How did you feel?
4. Remember that next time a day goes all wrong...to somebody else, you will always be strong.¹³ Who is someone you think is strong? Why?
5. There are some beautiful pictures in this book! What is your favorite page and why?