

'A World With You' Snack

Ingredients:

- 1 Rice Cake, Piece of Toast, or Bagel Half
- 1 C Blueberries, Cut in Half
- 1 C Grapes, Cut in Half
- Cream Cheese (You can mix in 1 tsp vanilla and 1 Tbs of sugar if you'd like it sweetened)

Directions:

1. Spread cream cheese onto your rice cake (or toast or bagel.) This will be your Earth/World!
2. Have your child place blueberries on their Earth for water and grapes for land. You can pull up a picture of the Earth for reference as well.
3. Talk about how happy you are that you live in a world with them in it as you eat your creative Earth masterpieces!